



Crazy Arms
Rainen Knecht

March 13 – April 14, 2015
Opening reception: March 13, 6:00-9:00 pm
Hours: Saturday 12 – 5pm and by appointment

CAPITAL is pleased to present a solo exhibition by Rainen Knecht.

*"Now blue ain't the word for the way that I feel
And the storm's brewing in this heart of mine
This ain't no crazy dream I know that it's real
And you're someone else's love now you're not mine..."*

For Rainen Knecht painting is a lonely practice.

Over the last year she has been living in the woods of Washington State, these works are the result of feeling isolated from the *youth market* and share a much deeper relationship to Outsider or Folk Artists from the Pacific North West. Rainen considers these works to be "unabashedly traditional, a naïve gesture of defiance, free and imaginative, paintings from the mind, painting as therapy".

Her works are intuitive; the surfaces are constantly changing, making new discoveries and finding new problems, spontaneous gestures leading to controlled contradictions. Sometimes the result is a painting within a painting, they remain personal but are always true to the medium, "I care about the medium". These works are a direct reference to loss, suffering and the desire to understanding compassion in her practice. These works are funny, deep, and sometimes painful. A mist of dark humor is prevalent. Surrealism, symbolism, vulnerability, fairy tales, "woman energy", and heavy feelings of physicality, fantasy and disturbing realities, adorn the picture planes.

No apologies.

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Born in Gig Harbor, WA in 1982 Rainen Knecht lives and works in Portland. She graduated from the San Francisco Art Institute in 2006. She received the Madjrakoff Painting award as an undergraduate. Previously, Knecht has exhibited her work at Either Way, San Los Angeles, Adobe Book, San Francisco, Baer Ridgeway, San Francisco.

CAPITAL has produced a limited edition silk scarf from an original watercolor by Rainen Knecht. Each scarf will be accompanied by a certificate of authenticity, signed and numbered by the artist.

For more information please contact the gallery at (415) 706-1786 or
info@capital.gallery

CAPITAL
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